



World Refugee Day Activity Book



**EXODUS
REFUGEE**
IMMIGRATION INC
The life ahead.



Table of Contents:

Emergency Escape Plan Activity

- pg. 1 - Purpose
- pg. 2 - Interactive Activity
- pg. 3 - Thought Activity - Kiddos
- pg. 4 - Thought Activity - Adults



A walk in someone else's shoes

- pg. 5 - Purpose & Instructions



Continued Advocacy Interest

- pg. 6 - Advocacy Newsletter & Letters to Elected Officials

Continued Learning

- pg. 7 - Book Recommendations
- pg. 8 - QR codes



**EXODUS
REFUGEE**
The life ahead.

Emergency Escape Activity

The purpose of the thought activity is to help with understanding, the mental load that people endure before they even leave. This activity also provides deeper understanding about how long the process can go on and the lasting impacts this has on individuals. There is also an added stress with the increase in ICE activity and this fosters understanding of the mental load to encourages empathy within the community.

The purpose of the interactive activity is to understand the constant stress of the potential need to flee. This also allows for individuals to understand why refugees don't always have all the paperwork they may need, family photos, etc., because they fled in such a hurry.



**EXODUS
REFUGEE**
The life ahead.

Interactive Activity

For this activity we ask that you go through an exercise that will increase understanding of what is it like to have to flee your home.

In elementary school kids are asked to create a fire safety plan so that they, and their families, know what to do in the case of an emergency evacuation. This can be similar to what refugee families do leading up to when they flee.

Step 1: Review your plan

- What are you planning to grab?
- Where are you meeting?
- Imagine what it is like to review this everyday

Step 2: Set up a stop watch and execute your plan

- How long did it take you?
- What if you couldn't find your documents or didn't have time to grab them?

Step 3: Now set a 2 minute timer and see how far through the plan you get



Thought Activity - Kiddos

What are the most important things you would grab?

- What would you do if you did not have time to grab them?

What if you couldn't follow your plan?

- How would you feel?
- What if your meeting place is unsafe?
- What would you do if your family gets separated?
- Where would you go if you couldn't return home and how would that impact you?
 - Would you go to extended family?
 - What would you do if a refugee camp was your only option?

Thought Activity - Adult

What are the most important things you would grab?

- What would you do if you did not have time to grab them?

What if you couldn't execute your plan?

- How would you feel?
- What if your meeting place is unsafe?
- What would you do if your family gets separated?
- Where would you go if you couldn't return home and how would that impact you?
 - Would you go to extended family?
 - What would you do if a refugee camp was your only option?

Mental Impact of ICE

- What is your first reaction to hearing sirens?
- Do you fear that your family will be separated?



**EXODUS
REFUGEE**
The life ahead.

A walk in someone else's shoes

Purpose:

To understand the journey of our immigrant neighbors and the physical toll that these journeys can take.

Activity:

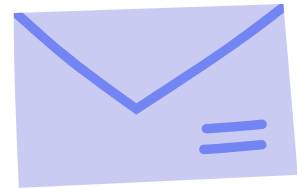
- Step 1: Walk a mile
 - Now imagine doing that while holding a child or carrying a backpack of everything you grabbed during the emergency escape activity. This can be the reality for many refugees and immigrants and sometimes they never get the chance to return home.
- Step 2: Walk another mile while carrying a full backpack, a kid, or something of a similar weight.
 - Now imagine doing this while not knowing how far you will need to walk or the circumstances ahead.



Did these activities spark your interest on the current state for our neighbors?

How to advocate for better legislation:

- Click this [link](#), then click on 'Help us write letters to your elected officials to support refugees in our community' to learn more about legislation impacting our community.



Want to stay up date on new legislation?

- Click this [link](#) to sign up for the Advocacy newsletter!

Or scan the QR code to access the page!



**EXODUS
REFUGEE**
The life ahead.

Book Recommendations

Early Childhood

- My Two Border Towns (David Bowles)
- Hiromi's Hands (Lynne Barasch)



Elementary

- A Map for Falasteen (Maysa Odeh)
- Eleven Words for Love (Randa Abdel-Fattah)

Upper Elementary

- Save Me a Seat (Sarah Weeks)

Middle School

- Other Words For Home (Jasmine Warga)
- The Distance Between Us (Reyna Grande)
- Lucky Broken Girl (Ruth Behar)

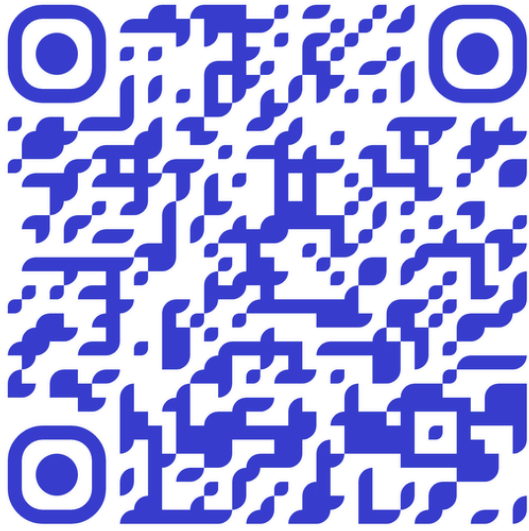


High School/YA

- Persepolis (Marjane Satrapi)
- The Sun is Also a Star (Nicola Yoon)
- Americanah (Chimamanda Ngozi Adichie)

Adult

- The Knife and the Butterfly (Ashley Hope Pérez)
- The Undocumented Americans (Karla Cornejo Villavicencio)
- Everyone Who Is Here Is Gone (Jonathan Blitzer)

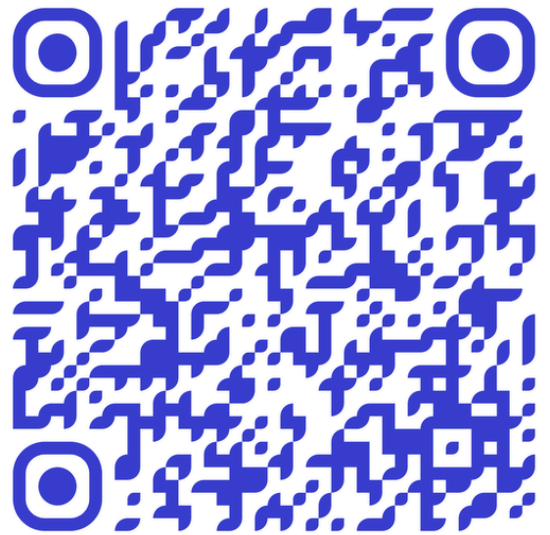


Global Refuge

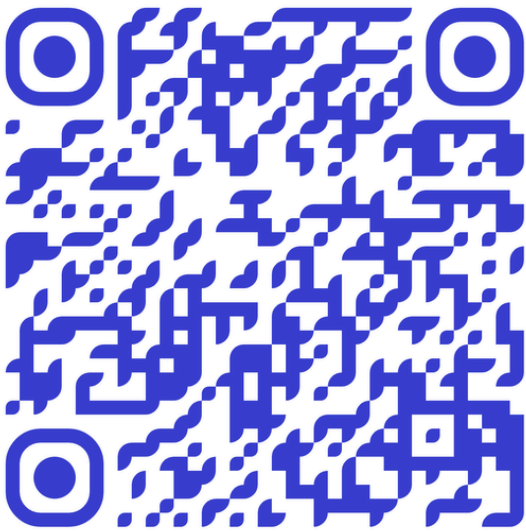
globalrefugee.org



Stanford
University



guides.library.stanford.edu



socialjusticebooks.org



**SOCIAL JUSTICE
BOOKS**

A PROJECT OF TEACHING FOR CHANGE



**EXODUS
REFUGEE**
The life ahead.



Thank you!

Exodus Refugee Immigration
2457 E. Washington St. Suite A
Indianapolis, Indiana 46201
(317) 921-0836
www.exodusrefugee.org

Facebook: Exodus Refugee Immigration
Instagram: @exodus_refugee
LinkedIn: Exodus Refugee Immigration