Job Description – Mental Wellness Counselor (Indianapolis)

Position Summary

The primary role of the Mental Wellness Counselor is to ensure that Exodus clients receive needed mental health services. They provide direct mental health services that are accessible and culturally and linguistically appropriate. They may assist with training other therapists serving Exodus clients or those studying to be in the field as needed or requested. The Counselor is a licensed mental health counselor, licensed clinical social worker, or licensed marriage and family therapist. They also promote mental wellness in refugee communities and among Exodus staff through related educational sessions and initiatives.

Responsibilities

- 1. The Mental Wellness Counselor provides individual counseling and family & couple counseling directly to clients in the office, virtually, or through home-based services.
- 2. Coordinates client list and determines how frequently a client needs to be seen.
- 3. Provides training to community partners and mental health professionals on culturally and linguistically competent services for refugees as needed.
- 4. Provides case consultation services to Exodus staff and partnering agencies.
- 5. Assist clients with clinical case management as needed to ensure safety and access to basic needs.
- 6. Keeps appropriate records and tracks grant outcomes.
- 7. Maintains knowledge of evidenced based therapeutic practices for immigrants of humanitarian concern.
- 8. Will assist with crisis intervention as needed for clients with safety concerns.
- 9. Secures interpreters for clients who have limited understanding of the English language.
- 10. Documents all services provided to clients in accordance with Cooperative Agreement, Match Grant Guidelines, Exodus' policies and procedures, and professional standards.
- 11. Attends weekly staff and team meetings.
- 12. Participates in regular clinical supervision.
- 13. Attends professional training needed to maintain clinical licensure.
- 14. Participates in Exodus staff training and development activities.
- 15. Participates in Emergency and Airport rotation.
- 16. Performs other duties as may be required by the supervisor.
- 17. Reports to the Mental Wellness Program Manager.

Position Criteria:

- Experience and knowledge in trauma informed treatment modalities.
- Experience working in multi-cultural settings and working with diverse clientele.
- Experience in additional therapeutic modalities, such as art or other expressive therapies is preferred.
- Possesses a master's degree and a professional license as a Mental Health Counselor, Clinical Social Worker, or a Marriage & Family Therapist.
- Familiar with the local social services community a plus.
- Must be able to effectively communicate with clients of diverse cultural and language backgrounds and be comfortable with the use of interpreters in a clinical setting.
- Must be comfortable in intercultural environments.
- Must be able to work occasional hours outside of normal business hours.
- Must be a self-starter with a high level of organizational skill, flexibility, and commitment to refugees.
- Must be able to function as part of a team.
- PC proficient in Microsoft Office Suite.