

Job Description – Mental Wellness Advocate

Position Summary:

The purpose of the Mental Wellness Advocate is to ensure that Exodus clients have access to culturally aware, trauma informed mental health services in Indiana. The Mental Wellness Advocate will work to train community providers and build the necessary relationships to ensure such services are accessible. The Mental Wellness Advocate will directly assist clients in accessing outside services as needed. The position will also provide direct services focusing on group interventions. All services will be documented appropriately and recorded in compliance with the funding associated with the position. The Mental Wellness Advocate will be available for crisis intervention to support clients as well as have a small clinical case load to stay competent in treatment.

Responsibilities:

1. Educate community providers to ensure services are culturally aware and trauma informed to reduce barriers for clients struggling with mental health concerns.
2. Explore innovative ways of addressing refugee mental health with community partners.
3. Advocate for clients at Exodus, local agencies, and the state level to reduce barriers to mental health care.
4. Ensure clients are directly connected to appropriate mental health providers.
5. Maintain up-to-date knowledge of mental health resources in Indianapolis.
6. Provide or secure transportation to refugees for needed services.
7. Secure interpreters for clients who have limited English proficiency.
8. Lead therapeutic treatment groups. Document all services provided to clients in accordance with grant requirements and Exodus's policies and procedures.
9. Document external agency contacts and update the resource database for future use.
10. Train clients & refugee communities in basics of mental health first aid (as needed).
11. Works closely with Exodus staff to ensure holistic care if being provided to clients enrolled in the mental wellness program.
12. Assists in urgent/emergency related cases such as suicidal ideation or domestic violence.
13. Maintains a small clinical case load to maintain counseling best practices.
14. Attend weekly staff and team meetings.
15. Participate in Exodus staff training and development activities.
16. Participate in the on-call ER/Airport rotation.
17. Perform other duties as may be required by the supervisor.
18. Report to the Director of Extended Services and may work closely with other program staff.

Position Criteria:

- A master's degree in social work, mental health counseling, or a related field is required
- Clinical licensure is preferred, must be working towards licensure.
- Preferably have a minimum of two years of experience in social services.
- Should be familiar with the local social services community.
- Fluency in English.
- Must be able to effectively communicate with clients of diverse cultural and language backgrounds.
- Must be comfortable in intercultural environments.
- Must be able to work occasional hours outside of normal business hours.
- Must be a self-starter with a high level of organizational skill, flexibility and commitment to refugees.
- Must be able to function as part of a team.
- PC proficiency, competent with Word, Excel, and PowerPoint.